

Packingslist- Gießen

Important items:

- Cash
- Map of action location
- EA-Number and personal EA-ID (both written on your body)
- If your plan on giving the cops your ID or during the busride: (valid) ID-Document and Healthinsurancecard

What else can be helpful:

- Cardgame
- Pens and paper, marker, etc.
- (Waterproof) wristwatch
- Headlamp

Appropriate clothing:

- Cold- and rain-proof clothing
- Tubescarf, Covid-Mask, Cap, Sunglasses
- Change of clothes in a waterproof bag (caution: pepperspray)
- Sturdy and warm Shoes
- Hat, scarf and gloves
- Glasses with a case (instead of contact lenses)
- No julely or expensive clothing

Provisions:

- Water in plastik bottles (a lot of watter for the trip to and from the action)
 - No metal or glas bottles!
- Snack and food (more than you think)

Health and hygenie:

- First Aid (bandages, rescue blankets, etc.)
- No scissors!
- Extra Water and an extra bottle-cap with holes to wash out your eyes
- Covid-masks
- If you need special medication:
 - enough for multiple days
 - original packing!
 - if you plan on showing the cops your ID: prescription
- Elektrolyts, Magnesium, sugar,
- Earplugs
- Tampons/pads
- Headpads, Seating-cusion, Insolating soles, etc.

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When refusing to provide personal ID:

- Safety pin, superglue, glitter, "sikaflex"
- No Phone or a burner phone:
 - Strong Password, no Face-ID / Fingerprint-ID
 - New SIM-Card (not registered to your name) - destroy during arrest
 - Top up your prepaid plan(in cash)
 - no withheld phonenumber

Dont's

- No beautyproducts containing oil or fat (e.g. sunscreen or make-up - caution: pepperspray dissolves in fat)
- No valuables / personal notes / calendar / contactlists
- Nothing that can be interpreted as a weapon (pocket-knife, scissors, steel-toed-boots, large umbrellas, glas and metal bottles)
- No illegal drugs or alcohol

More Infos:



Action checklist from
Rote Hilfe



Protest First Aid



Afinity Group
Checklist from Ende
Gelände